



THE MUN INSTITUTE

2026 Welcome Packet



MODEL UNITED NATIONS INSTITUTE

Overnight Camp Welcome Packet

Boston University • August 2–8, 2026

Dear Families,

We are thrilled to welcome your student to the MUN Institute Overnight Camp this summer! This week at Boston University will be filled with lively debate, new friendships, and the kind of hands-on learning that builds real-world confidence. This is a week your child will genuinely remember — new friendships formed, debates that stretch their thinking, and a confidence in their own voice that will follow them long after Friday's simulation.

We know that sending your child to camp away from home — especially for the first time — comes with real questions and real nerves. This packet is designed to answer all of them, from who is watching your child at night to what to pack. Please read it through and reach out if anything is unclear.

Complete the [Student Intake Form](#) no later than Friday, May 22nd, and you're all set. We'll send a set of full logistics reminders in the two weeks before camp.

Your Action Items Before Camp Starts

- ☐ Complete the [Student Intake Form](#) by May 22nd — medical info, emergency contacts & permissions
- ☐ Sign the Emergency Medical Treatment permission e-form included in the intake form
- ☐ Use the packing list on pages 5–6 to pack for 6 nights
- ☐ Mark your calendar: Check-in Sunday August 2nd, 3–5 pm • Pick-up Saturday August 8th, 10–11 am
- ☐ If you purchased airport pick-up/drop-off, watch for a scheduling email 3 weeks before camp
- ☐ Send your student with ~\$50+ spending money (see City Night & packing notes)

What's in This Packet

Page 2	Meet Your Camp Team
Page 3	Check-In & Check-Out Procedures
Page 3	Airport Pick-Up & Drop-Off Service
Page 3	Safety & Emergency Information
Page 4	A Day at Camp (Sample Schedule)
Page 5	What to Pack / What to Leave Home
Page 6	Housing, Residence Life & City Night
Page 7	Meals, Dress Code & Homework

Page 8	Friday Parent Open House
Page 9	FAQs & Contact Information

Meet Your Camp Team

Your Camp Management Team

Our MUN Institute Management team has decades of experience working with youth, and is key to our mission to bring out the best in every student who attends the Model United Nations Institute. At Boston University, you will be supported by:

Camp Director: Alejandra Drew

Alejandra is Best Delegate's Programs Manager and will be on-site at all times throughout the week. Alej brings 5+ years of experience in education programming to the Best Delegate Team, and oversees all operations, manages staff, and is your first point of contact for any concerns during the program. In the lead up to camp, you can reach Alej and the management team at support@bestdelegate.com or (646) 308-1411.



Education Director: Seth Willden-Patel

Seth is a career educator with over 10 years of in classroom experience and expertise in student leadership programs, including public speaking, debate, and Model United Nations programming. Seth also holds a Masters in Educational Leadership.

Residence Director: Kalena Meyer

Kalena is an operations professional who joins the team with over 5 years of experience as a Director of Residential Programming for summer enrichment programs for gifted and talented students. Kalena also holds a Masters of Business Administration with expertise in social impact programming.

Director of Programs: Logan Smith

All MUN Institute Camps are overseen by our Director of Programs, Logan Smith. Logan has been working with Best Delegate since 2018, during which he has supported thousands of students, and led MUN trainings across every corner of the globe. Logan is a former evaluator for United Nations programming, and holds a Masters in International Development from the London School of Economics.

MUN Mentors

Your child will be taught and supervised by Best Delegate MUN Mentors — outstanding college MUN delegates recruited from top universities including Yale, Duke University, and UCLA. They are passionate about Model UN, great with students, and trained to bring out the best in every delegate.

We maintain a 1-to-8 staff-to-student ratio so every student gets real attention during camp — not just supervision.

Check-In & Check-Out

CHECK-IN: Sunday, August 2nd — 3:00 pm to 5:00 pm

CHECK-OUT: Saturday, August 8th — 9:00 am to 10:00 am

Location: Boston University — exact meeting point to be confirmed by email 2 weeks before camp. Staff will be there to greet you! You will have a dedicated drop-off line with signs leading you to the program.

On Sunday evening after check-in, students will eat together at 6:00 pm and the program's first event begins at 7:00 pm — a great way to meet their fellow delegates right away.

On pick-up day (Saturday), students will have eaten breakfast and be packed and ready when you arrive. Pick-up takes place at the same location as drop-off.

Students and parents are responsible for arranging their own transportation to and from BU. If you need airport or train station pick-up/drop-off, see the section below.

Airport Pick-Up & Drop-Off Service

If you have purchased airport transfer services through Best Delegate, here is what to expect:

- Full details on how you will meet our staff at the airport, including who will meet your student, will be sent to you by email approximately three weeks before the program start date.
- Sunday airport pick-ups run from 1:00 pm to 5:00 pm. Saturday airport drop-offs run from 8:00 am to 12:00 noon.
- You will receive instructions on how to register your assigned mentor for unaccompanied minor flights with your airline.
- You will be given direct contact information for our team for pick-up day communication.

Haven't purchased airport transfer yet but need it? Email support@bestdelegate.com as soon as possible to check availability.

Safety & Emergency Information

Daytime Supervision

- We retain a minimum 1-to-8 staff-to-student ratio throughout all daytime programming.
- Camp Director Alejandra Drew, all management team members + mentors live on-site at BU.
- All staff are background-checked, reference-checked, and trained on emergency procedures.
- A safety and security briefing for all students is conducted during Monday morning orientation.

Homesickness

It's completely normal for students to feel homesick, especially in the first night or two. Our mentors and residence counselors are trained to spot it early and respond with warmth. We find that once students get into the rhythm of camp — usually by Tuesday — homesickness fades quickly as friendships form. If we ever have a serious concern about your child's wellbeing, we will contact you directly.

Community Standards

We build a community of mutual respect from day one. Our expectations:

- Students treat all instructors and fellow delegates with respect. Bullying, harassment, or inappropriate conduct will not be tolerated.
- Zero-tolerance policy for possession or consumption of drugs or alcohol.
- If a serious violation occurs, parents may be contacted to arrange pick-up at their own expense.

Please include all relevant medical information — allergies, medications, conditions — in the Student Intake Form. We cannot accept students without a completed form on file.

A Day at Camp — Sample Schedule

Here's a typical day from Monday through Thursday. Sunday and Friday follow different schedules (see check-in and Open House sections).

8:00 – 9:00 am	Breakfast at the BU Dining Hall
9:00 – 9:30 am	Morning briefing & daily orientation
9:30 – 11:30 am	MUN lessons, public speaking labs, simulations & games
11:30 am – 12:30 pm	Lunch at the BU Dining Hall (supervised by staff)
12:30 – 3:30 pm	Committee simulations — debate, negotiation & resolution writing
3:30 – 3:45 pm	Break
3:45 – 5:00 pm	Afternoon activity: trivia, public speaking lab, mentor feedback
5:00 – 6:00 pm	Free time / freshen up before dinner
6:00 – 7:00 pm	Dinner at the Dining Hall

7:00 – 9:00 pm	Evening activity: board games, movie night, campus tour, outdoor sports, or special event
9:00 – 10:00 pm	Wind-down time; Middle School curfew at 10:00 pm
10:00 – 11:00 pm	High School free time (in residence hall)
11:00 pm	High School curfew; all students in rooms; staff check-in conducted

Packing List - 6 Nights, 7 Days

Rooms are furnished with: twin bed & mattress, sheet set, blanket, pillow & pillow cover, bath towel, desk & desk chair, and a closet. Bring everything else you need from the lists below.

Clothing (school appropriate)

☐ T-shirts or tops for class (7)	☐ Pants, jeans, or shorts (4–5 pairs)
☐ Exercise / outdoor clothes (1–2 sets)	☐ Underwear (7+)
☐ Socks (7+ pairs)	☐ Belt (if needed)
☐ Shoes for class	☐ Sandals or casual shoes
☐ Business Attire (Friday)	☐ Pajamas / sleepwear
☐ Light sweater or rain jacket	☐ Sunglasses

Bedroom, Bathroom & Toiletries

☐ Soap, shampoo & conditioner	☐ Toothbrush & toothpaste
☐ Dental floss	☐ Washcloth
☐ Shower caddy / toiletry bag	☐ Shower flip-flops
☐ Extra bath towel (optional)	☐ Deodorant
☐ Hair products (brush, dryer, gel)	☐ Cosmetics / makeup (as needed)
☐ Menstrual products (as needed)	☐ Contact lenses & solution (if needed)
☐ Additional blanket (dorms can be cold)	☐ Additional towel (for comfort)

Classroom Supplies & Tech

☐ Laptop computer or tablet (essential - used every day in class for research)	☐ Notebook / notepad
☐ Pens, pencils, highlighters	☐ Backpack
☐ Cell phone & charger	☐ Plug adapter (for international students)

Health & Wellbeing

☐ Refillable water bottle	☐ Prescribed medications (labeled bottles)
☐ Eyeglasses or eyewear (as needed)	☐ Sunscreen
☐ Bug spray	☐ Small supply of band-aids
☐ Umbrella	

Wallet & Money

☐ Photo ID (State ID or Passport)	☐ ~\$25 cash for snacks and souvenirs recommended
☐ + \$20–25 extra for City Night (Wed)	☐ Extra for laundry, snacks, souvenirs

Leave These at Home

- Valuables or large amounts of cash beyond what's recommended
- Items that could violate community standards (see Safety section)
- Anything irreplaceable

Housing, Residence Life & City Night

Students are housed in Boston University dormitories. Here's what to expect:

- Students are assigned 1-2 roommates and 2 suitemates, all from their age and class group
- There are private en-suite bathrooms in each suite
- Rooms are furnished: twin bed and mattress, sheet set, blanket, pillow, bath towel, washcloth, desk and desk chair, and a closet. We recommend bringing extra blankets/pillows to increase your comfort.
- Students bring their own clothing, toiletries, and personal items (see Packing List, pages 6–7).

Outside of class hours, students enjoy a mix of free time and guided activities led by MUN Mentors and Counselors. All activities are supervised by staff and take place either indoors in the residence hall or outdoors on the BU grounds (with the exception of Wednesday City Night - see below).

Activities include board games, movie nights, campus tours, outdoor ball sports (weather permitting), and more.

Students can ask staff during orientation about safe on-campus jogging routes.

Evening and Overnight Supervision

We know parents often wonder what evenings look like in the residence halls. Our goal is to create a safe, structured, and comfortable environment where students can relax and recharge.

- Each evening, students spend time unwinding, connecting with friends, and settling into their routines before curfew.
- Our residence team is present in the dorms throughout the evening and overnight, with our Residence Director, Kalena Meyer, living on-site for the full duration of the program.
- Curfew is set at 10:00 pm for Middle School students and 11:00 pm for High School students, helping ensure students get the rest they need for the next day.
- After curfew, students remain in their rooms while staff check in to make sure everyone is settled in for the night.
- If a student needs anything overnight, residence staff are always nearby and available, with additional team members on call at all times.

City Night - Wednesday, August 5th

On Wednesday evening (weather permitting), students will venture out for a special off-campus evening in Boston! After dinner, the group will head to a local park for recreation time and dessert.

What parents should know about City Night:
• Students travel together as a group and are supervised by Best Delegate staff at all times
• Transportation is arranged and covered by the program
• Student should bring sending \$20-25 spending money for city night, plus slightly extra if your student wishes to buy snacks, souvenirs, or extras
• If weather does not permit an outdoor outing, a fun indoor alternative will be arranged

Meals, Dress Code & Homework

Meals

Three full meals are provided every day — breakfast, lunch, and dinner — served buffet-style in the BU Dining Hall and supervised by Best Delegate staff. Meals typically include:

- Meat and vegetarian entrée options
- Side dishes, salad bar, fruits, and desserts
- Beverages

Please note any food allergies or dietary restrictions in the Student Intake Form AND remind staff on the first day of camp.

Dress Code

Sunday (Check-in)	Casual — whatever is comfortable for travel
Monday, Tuesday, Thursday	School attire or casual attire — no profane language or depictions of obscenities.
Wednesday	Students should wear the MUN Institute t-shirt they receive at the start of camp!
Friday (Simulation Day)	Business Attire — delegates represent countries on the world stage!
Friday (Check-out)	Casual — comfortable for travel home

No excessively torn clothing, inappropriate logos, or offensive language on clothing. If staff deem clothing inappropriate, they will ask the student to change. We provide a MUN Institute T-shirt and swag bag on arrival.

Homework

Students may receive light assignments: reading, online research, a short written response, or a 1-minute speech. These are not graded — mentors give personalized feedback to sharpen research, public speaking, and negotiation skills.

Friday Parent Open House — August 7th

You're warmly invited to see what your child has accomplished! On Friday, students take on the roles of international diplomats, debating and collaborating to solve a real-world global issue in a final simulation.

Two opportunities to observe - feel free to join both:

Morning Session: Meet our team at 9:30 am at the usual drop-off point. Observe from 9:30 – 11:30 am. Here, you can observe your student giving an opening speech on their own, debating key points on their topic, and starting to form alliances.

Afternoon Session: Meet our team at 2:00 pm to observe the final hours of the simulation and closing ceremonies from 2-5. Here, you can observe your student in their final hours of negotiation, presenting their final resolution built with their allies, voting on their resolutions, and closing ceremonies.

We'll send you full details (exact classroom location, parking, etc.) on Wednesday, August 5th — so you can plan ahead.

FAQs and Contact Information

Do students need prior MUN experience?

Not at all! Our program is designed to be welcoming to complete beginners as well as students with experience. Mentors meet every student at their own level.

What if my child has anxiety about public speaking?

This is actually one of the most common reasons families choose MUNI. Our mentors are specifically trained to create a safe, encouraging environment where students build confidence gradually throughout the week.

What if my student feels unwell during camp?

Our Camp Director and trained staff are on-site all day. If your child feels unwell, they will be cared for immediately and you will be contacted. Please make sure all medical information is in the intake form.

Can I call or check in during the day?

Yes! You can reach the team at (646) 308-1411 via phone or text, or email support@bestdelegate.com. We respond to non-emergency inquiries within one business day, and immediately for urgent matters.

Where can I find more answers?

Check our FAQ page first: <https://muninstitute.com/blogs/news/faq> — it covers many common questions. If you can't find your answer, submit a support ticket on the website or email us.

Contact Us Anytime
Email: support@bestdelegate.com
Phone: (646) 308-1411
FAQ: https://muninstitute.com/blogs/news/faq
Visit our Website!

We can't wait to welcome your student to the MUN Institute Day Camp 2026!

Sincerely, The Best Delegate Team

support@bestdelegate.com | (646) 308-1411 | muninstitute.com

